

Lemon balm

dietary supplement

90 tablets

Lemon balm is a dietary supplement which contains lemon balm in the dose of 150 mg expressed as 1,050 mg of dry lemon balm, which supports falling asleep and calm sleep as well as physical and psychological wellbeing, memory and concentration.

Lemon balm leaves extract helps to keep a positive mood and rest, and additionally it helps to deal with anxiety.

Lemon balm also supports the natural hormonal balance of the body and the normal function of the circulatory system.

Ingredients:lemon balm leaves extract; bulking agent: cellulose microcrystalline; sorbitol; Anti-caking agents – magnesium salts of fatty acids and silicon dioxide.

Ingredients	1 tablet	2 tablets	3 tablets
lemon balm leaves extract expressed as dry lemon balm	150 mg 1,050 mg	300 mg 2,100 mg	450 mg 3,150 mg

Intended use: the product is intended for adults. Not recommended for children as well as pregnant and breastfeeding women.

Recommended intake: adults - 1 tablet 3 times a day.

Warnings: do not exceed the recommended daily dose. Do not use in the case of hypersensitivity to any of the ingredients. Not recommended for children, pregnant and breastfeeding women. Dietary supplement should not be used as a substitute for a varied and balanced diet. Balanced diet and healthy lifestyle is recommended.

Storage: store in a dry place, at room temperature, out of reach of small children.

Net weight: 22.95 g

The package contains 3 blisters of 30 tablets.

Manufacturer:

ALG Pharma Sp. z o.o.

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