



# Kriomed

for hemorrhoids

## A stick for hemorrhoids

The package contains: 1 reusable Kriomed stick in a packaging with instructions for use.

The stick is immediately ready for application after moistening with a lubricant (e.g. Vaseline).

Table of contents of the package leaflet:

1. What is Kriomed?
2. Action.
3. How to use a Kriomed stick?
4. For whom a Kriomed stick is intended?
5. Storage.

### 1. What is Kriomed?

Kriomed medical device is a cooling stick made of high-quality plastic using modern technology. The anatomical shape of the cylindrical tube and the comfortable size ensure comfort of use, bringing immediate relief, soothing pain and itching caused by hemorrhoids.

Kriomed uses a gentle cooling system: it contains a special substance that can be repeatedly frozen and defrosted. The substance has been sealed tightly in the cylinder of the stick, which prevents it from coming into contact with the body and it is only used to transmit the cold at a specific time and place.

The low temperature obtained in home conditions is completely safe for the body and does not cause any complications.

The Kriomed medical device is highly effective and brings immediate relief.

The Kriomed stick is reusable and does not generate any additional costs; for its introduction a lubricant selected by the patient, such as e.g. Vaseline is needed.

### 2. Action:

Kriomed is a reusable, modern specialist hemorrhoid cooling stick:

- it is highly effective and brings immediate relief,
- it removes pain, itching, burning, swelling and other hemorrhoidal symptoms,
- it effectively and naturally treats internal and external anorectal varices,
- it is made of high quality plastic using the state-of-the-art technology,
- it is intended for self-use at home: it offers safety and discretion,
- there are no contraindications for its use,
- it does not cause any interaction or allergy,
- it is non-toxic,
- it does not soil the underwear or cause any other kind of dirt,
- it soothes the irritated veins thanks to a special cooling system.

The use of Kriomed causes the regeneration of hemorrhoid structures and their complete healing. During the use of Kriomed, there is no need to use other medical agents, unless otherwise recommended by your doctor.

### 3. How to use a Kriomed stick?

The Kriomed stick must be cooled (for at least 2 hours) in the freezer before each use. Each rectal application should last 6-8 minutes and can be repeated as many times per day as necessary.

It is recommended to apply it at least twice a day for the minimum of fourteen days - until the acute symptoms disappear. Then the number of applications can be gradually reduced. After obtaining satisfactory results, Kriomed should be used preventively at least once a week. For the treatment of external anorectal varices, use the stick in the same manner, according to the attached instructions.

#### **Please note!**

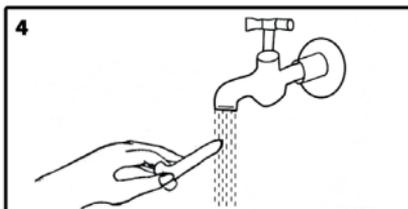
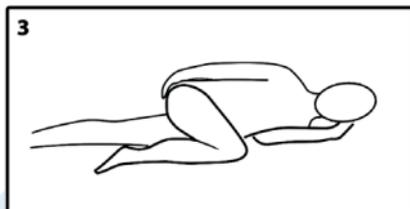
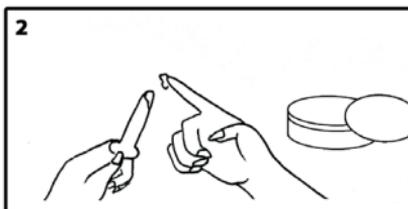
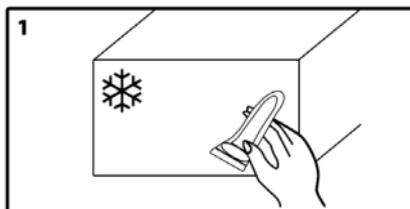
Wash your hands before and after each application of the Kriomed stick.

The Kriomed stick can be used repeatedly as required for a period of 6 months from its first application; then it should be discarded in the plastic waste containers.

#### **PLEASE NOTE!**

Due to the fact that hemorrhoids may accompany other conditions, if there is no noticeable improvement after 3 weeks of using Kriomed, it is necessary to seek medical advice.

## Instructions for use of the medical device Kriomed:



1. Take Kriomed out of the freezer. It should be placed in the freezer for at least 2 hours before use.
2. Apply the lubricant of your choice (may be cosmetic Vaseline, or any gel or lubricant intended for use in the anal area) to the Kriomed stick.
3. Lie down on your side, bend the leg on which you're not lying and pull it up to your chest. Relax and then slowly and gently insert the applicator into the rectal opening; leave for 6-8 minutes until the stick reaches your body temperature.
4. After removal, wash the applicator with soap and warm water and disinfect it with e.g. medical disinfectant, hydrogen peroxide or salicylic spirit.

### PLEASE NOTE

Do not use hot water for sterilization and do not boil the applicator, as this will damage it!

### 4. For whom a Kriomed stick is intended?

The Kriomed medical device is fully safe and does not cause any interactions or allergies, so it can be used by all persons suffering from hemorrhoid-related symptoms.

It is recommended for both women and men of all ages, as well as for children suffering from haemorrhoidal symptoms after consultation with the appropriate doctor. It is recommended for persons who suffer from itching, burning, pain, swelling and other hemorrhoidal symptoms.

Especially for:

- women who are pregnant or in a post-partum period,
- persons whose profession requires many hours of sitting (e.g. drivers) and people who lift heavy loads,
- persons with a diet with low fiber content,
- overweight people with resulting vascular problems,
- persons with hypertension,
- allergic persons,
- persons suffering from diabetes,
- sportsmen,
- for vegetarians and vegans, because it does not contain any substances of animal origin and is not tested on animals.

**Pregnancy and breastfeeding:** the Kriomed medical device can be used by pregnant and breastfeeding women.

**Consult a doctor:** if you are pregnant and before using the device in children.

### 5. Storage:

The Kriomed medical device should be stored in a tightly closed, original packaging. Use in strict compliance with the manufacturer's requirements, according to the attached instructions.

**Date of preparation of the instructions for use:** March 2020.

### Manufacturer:

Korporacja Gazolina Sp. z o.o.  
ul. Jagiellońska 7  
14-220 Kisielice

### Distributor:

ALG Pharma Poland Sp. z o.o. Sp. k.  
ul. Kasprzaka 31, 01-234 Warsaw  
www.algpharma.pl