

## Hydrofem

dietary supplement

30 coated tablets

It supports the elimination of excess water from the body.

- It promotes slimming down.
- It enhances cellulite reduction.
- It helps to detoxify the body.

**Hydrofem** is a dietary supplement that contains natural ingredients which support the elimination of excess water from the body and detoxification. The product has been composed with the view to supporting the process of elimination of water and the process of reduction and control of body weight as well as the eradication of cellulite.

**Nettle** promotes the elimination of water from the body and the metabolism of fats.

**Green tea** has anti-oxidant properties, thanks to which it protects the body against the harmful effect of free radicals. It additionally supports the elimination of excess water from the body.

**Indian fig opuntia** enhances the metabolism of fats and weight control. It reduces the appetite.

Grape seed extract helps to reduce cellulite and supports slimming down. It supports the control of body weight and it helps to shape the silhouette.

**The dandelion and goldenrod extract** help to eliminate excess water from the body and support the natural detoxification of the body.

**Ingredients:** microcrystalline cellulose; nettle extract; green tea leaves extract; indian fig opuntia extract; grape seed extract; dandelion root extract; goldenrod extract; anti-caking substances- magnesium salts of fatty acids and silicon dioxide,; glazing agent - hydroxypropyl methyl cellulose; bulking agent - polydextrose; colourant - titanium dioxide; glazing agent - polyethylene glycol, anti-caking substance - talc.

Ingredients	1 tablet
nettle extract	150 mg
green tea leaves extract	100 mg
Indian fig opuntia extract ( <i>Opuntia ficus indica</i> Mill.)	100 mg
grape seed extract	80 mg
dandelion root extract	70 mg
goldenrod extract	30 mg

**Intended use:** the product is intended for adults.

**Recommended intake:** adults - take 1 tablet daily. Do not exceed the recommended daily dose.

**Warnings:** Do not use in the case of hypersensitivity to any of the ingredients. Persons suffering from kidney diseases and using diuretic drugs, pregnant and breastfeeding women should consult their physician before using the product.

Dietary supplement should not be used as a substitute for a varied and balanced diet.  
Balanced diet and healthy lifestyle is recommended.

**Storage:** store in a dry place, at room temperature, out of reach of small children.

The package contains 2 blisters of 15 tablets.

**Manufacturer:**

ALG Pharma Poland Sp. z o.o. Sp. k.

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