

Multiwitaminer

dietary supplement

60 capsules

Multiwitaminer is a dietary supplement that contains a complex of 12 most important vitamins and the following minerals: magnesium, zinc, selenium, iron and copper. The product is intended for adults.

Zinc, selenium and vitamin C support proper functioning of the immune system.

Magnesium and copper support proper functioning of the nervous system.

Vitamin E enhances protection of cells from oxidative stress.

Vitamin B₁ and biotin support normal **functioning of the nervous system**.

Niacin and folic acid support maintenance of proper psychological functions.

Vitamin B₆ i B₁₂ and riboflavin reduce fatigue.

Ingredients:

magnesium citrate; Vitamin C: L-ascorbic acid; zinc gluconate; iron fumarate; niacin: nicotinamide; Vitamin E: DL-alpha-tocopheryl acetate; copper gluconate; pantothenic acid: Calcium D-pantothenate; Vitamin D: colecalciferol; Vitamin B₂: riboflavin; pyridoxine hydrochloride: Vitamin B₆; thiamin hydrochloride: Vitamin B₁; Vitamin A: retinyl acetate; folic acid: pteroilomonoglutamic acid; sodium selenate (45% se); biotin: D-biotin; cyanocobalamin: Vitamin B₁₂; anti-caking substances: magnesium salts of fatty acids, silicon dioxide; capsule component: gelatin.

Ingredients	1 capsule	*NRV %
Biotin	50 µg	100%
Folic Acid	200 µg	100%
Niacin	16 mg	100%
Vitamin A	400 µg	50%
Vitamin B ₁	1.1 mg	100%
Vitamin B ₂	1.4 mg	100%
Pantothenic acid	6 mg	100%
Vitamin B ₆	1.4 mg	100%
Vitamin B ₁₂	2.5 µg	100%
Vitamin C	80 mg	100%
Vitamin D ₃	5 µg	100%
Vitamin E	8 mg	67%
Zinc	10 mg	100%
Magnesium	60 mg	16%
Copper	1 mg	100%
Selenium	55 µg	100%
Iron	14 mg	100%

*%NRV = Nutrient Reference Value

Intended use: the product is intended for adults.

Recommended intake: adults 1 capsule a day.

Warnings: Do not exceed the recommended daily dose. Do not use in the case of hypersensitivity to any of the ingredients. Not recommended for children, pregnant and breastfeeding women, persons with cardiac diseases or hypertension. Dietary supplement should not be used as a substitute for a varied and balanced diet. Balanced diet and healthy lifestyle is recommended.

Storage: store in a dry place, at room temperature, out of reach of small children.

Net weight: g

The package contains 4 blisters of 15 capsules.

Manufacturer:

ALG Pharma Sp. z o.o.

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