## NFRVOBALANS CONTROL

dietary supplement 30 capsules

**Nervobalans Control** - is a dietary supplement containing ingredients of natural origin, intended for persons exposed to stress. The ingredients contained in the preparation, such as lemon balm, roseroot and camomile contained in the preparation help to calm down the body and maintain emotional stability. **Magnesium** and **vitamin**  $B_6$  contribute to decreasing the feeling of tiredness and staleness and support the normal function of the muscles and the nervous system.

**Ingredients:** lemon balm (*Melissa officinalis*) leaves extract; magnesium carbonate; roseroot (*Rhodiola rosea*) root extract; camomile (*Matricaria recutita*) basket extract; thiamine hydrochloride (vitamin  $B_1$ ); pyridoxine hydrochloride (vitamin  $B_6$ ); cyanocobalamin (vitamin  $B_{12}$ ); anti-caking agents – magnesium salts of fatty acids and silicon dioxide; capsule ingredients: gelatin.

Ingredients	1 capsule	%NRV*	2 capsules	%NRV*
Lemon balm leaves extract	300 mg	-	600 mg	-
Magnesium	60 mg	16%	120 mg	32%
Roseroot root extract	50 mg	-	100 mg	-
Camomile basket extract	20 mg	-	40 mg	-
Vitamin B <sub>1</sub>	3 mg	273%	6 mg	546%
Vitamin B <sub>6</sub>	1 mg	71%	2 mg	142%
Vitamin B <sub>12</sub>	5 μg	200%	10 μg	400%

<sup>\*</sup>NRV= Nutrient Reference Value

**Intended use**: the product is intended for adults. Not recommended for children as well as pregnant and breastfeeding women.

**Recommended daily intake:** adults- 1 capsule daily. In case of difficulty in falling asleep and sleep disorders, take 2 capsules before sleep.

**Warnings:** do not exceed the recommended daily dose. Do not use in the case of hypersensitivity to any of the ingredients.

Dietary supplement should not be used as a substitute for a varied and balanced diet. Balanced diet and healthy lifestyle is recommended.

**Storage:** store in a dry place, at room temperature, out of reach of small children.

**Net weight:** 17.1 g (30 capsules, 570 mg each) The package contains 2 blisters of 15 capsules.

## Manufacturer:

ALG Pharma Poland Sp. z o.o. Sp. k. ul. Kasprzaka 31 01-234 Warsaw www.algpharma.pl