

Vitamin C 1000 mg
dietary supplement
30 capsules

Vitamin C 1000 mg is a dietary supplement intended for persons with increased requirement for vitamin C:

- exposed to stress
- physically active
- cigarette smokers
- and the elderly.

It is recommended in the period of diminished immunity, especially in the autumn and winter season.

Ingredients: L-ascorbic acid (vitamin C); capsule ingredient: beef gelatin; anti-caking agents: magnesium salts of fatty acids and silicon dioxide.

| Ingredients | 1 capsule | %NRV* |
|-------------|-----------|-------|
| Vitamin C | 1000 mg | 1250% |

*NRV= *Nutrient Reference Value*

Intended use: the product is recommended for adults.

Recommended intake: 1 capsule daily during or after meals, washed down with water. Do not exceed the recommended daily dose.

Warnings: not recommended for sensitive persons or persons allergic to tablet ingredients, as well as those suffering from kidney stone, diabetes and blood diseases.

Dietary supplement should not be used as a substitute for a varied and balanced diet.

Balanced diet and healthy lifestyle is recommended for keeping good health condition.

Storage: store in a dry place, at room temperature, out of reach of small children.

Net weight: 30 g (30 capsules, 1000 mg each).

Manufacturer:

ALG Pharma Sp. z o.o.

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