

Monakolina

Food supplement
30 tablets

- Monacolin K
- Group-B vitamins
- Chromium

Monacolin is a dietary supplement that contains fermented red rice extract. Thiamine, vitamin B6 and vitamin B12 support proper energy metabolism, and folic acid helps maintain normal homocysteine metabolism.

Ingredients: fermented red rice extract containing monacolin K; bulking agents: cellulose, calcium phosphates, sorbitol; anti-caking agents: silicon dioxide, magnesium salts of fatty acids; vitamin B12 (cyanocobalamin); vitamin B6 (pyridoxine hydrochloride); thiamine (thiamine mononitrate); folic acid (pteroylmonoglutamic acid); chromium (chromium(III) chloride).

Active ingredients:	1 tablet	%NRV*	¼ tablet	%NRV*
Fermented red rice extract: including monacolin K	250 mg 10 mg	-	62,5 mg 2,5 mg	-
Vitamin B6	1,4 mg	100%	0,35 mg	25%
Thiamine	1,1 mg	100%	0,275 mg	25%
Vitamin B12	2,5 µg	100%	0,625 µg	25%
Folic Acid	200 µg	100%	50 µg	25%
Chromium	24 µg	60%	6 µg	15%

*%NRV = Nutrient Reference Value

Intended use: the product is intended for adults.

Recommended intake: ¼ tablet a day should be washed down with water. The product should be taken during or after a meal, preferably in the evening. Do not exceed the recommended daily dose. Contains 120 individual doses of the product for maximum daily intake. Každá dose contains 2.5 mg of monacolin (1/4 tablet).

Warnings: do not consume a daily amount equal to or greater than 3 mg of monacolins from fermented red rice. This product should not be consumed by pregnant or breastfeeding women, children under 18 years of age and adults over 70 years of age. You should seek medical advice on the consumption of this product if you have any health problems.

Do not consume if you are taking cholesterol-lowering medication.

Do not use in the case of hypersensitivity to any of the ingredients. A dietary supplement cannot be used as a substitute for a varied diet. Balanced diet and healthy lifestyle is recommended. Do not consume if you already consume other products containing fermented red rice.

Storage: store in a dry place, at room temperature, out of reach of small children.

Net weight: 17.04 g

The package contains 30 tablets.

Manufacturer:

ALG Pharma Sp. z o.o.
ul. Kasprzaka 31

01-234 Warsaw
www.algpharma.pl