Witamina B12

Food supplement 120 tablets

Vitamin B12 supports:

- proper production of red blood cells
- proper energy metabolism
- proper functioning of nervous system

Vitamin B12 supports the maintenance of normal energy metabolism, normal functioning of the nervous system and helps maintain normal homocysteine metabolism.

Ingredients: bulking agent: microcrystalline cellulose; vitamin B12 (methylcobalamin); anti-caking agents: magnesium salts of fatty acids and silicon dioxide.

Active ingredients:	1 tablet	%NRV*
Vitamin B12	100 µg	4000%

*%NRV = Nutrient Reference Value

Intended use: the product is intended for adults.

Recommended intake: 1 tablet daily should be washed down with water. Do not exceed the recommended daily dose.

Warnings: Do not use in the case of hypersensitivity to any of the ingredients. A dietary supplement cannot be used as a substitute for a varied diet. Balanced diet and healthy lifestyle is recommended.

Storage: store in a dry place, at room temperature, out of reach of small children.

Net weight: 25.68 g The package contains 120 tablets.

Manufacturer: ALG Pharma Sp. z o.o. ul. Kasprzaka 31 01-234 Warsaw www.algpharma.pl