

**Nervosum**

Food supplement

30 capsules

**Supports the proper functioning of the nervous system and psychological functions.**

**Nervosum** is a dietary supplement containing uridine monophosphate, which supports the reconstruction of damaged nerve structures. The B vitamin complex and folic acid play an important role in the functioning of nerve tissue.

**Ingredients:** Bulking agent: microcrystalline cellulose; uridine monophosphate; capsule ingredients: bovine gelatine, calcium carbonate (dye); anti-caking agent: magnesium salts of fatty acids; vitamin B6 (pyridoxine hydrochloride); vitamin B1 (thiamine mononitrate); anti-caking agent: silicon dioxide; vitamin B12 (cyanocobalamin); folic acid (pteroylmonoglutamic acid).

Active ingredients	1 capsule	% NRV
<b>Uridine monophosphate</b>	50 mg	-
<b>Vitamin B6</b>	3.25 mg	232%
<b>Vitamin B1</b>	2.0 mg	182%
<b>Vitamin B12</b>	3.0 µg	120%
<b>Folic Acid</b>	300 µg	150%

*\*%NRV = Nutrient Reference Value*

**Intended use:** the product is intended for adults.

**Recommended daily intake:** 1 capsule. The capsule should be swallowed with water.

**Warnings:** Do not exceed the recommended daily dose. Do not use in the case of hypersensitivity to any of the ingredients.

Dietary supplement should not be used as a substitute for a varied and balanced diet. Balanced diet and healthy lifestyle is recommended.

**Storage:** store in a dry place, at room temperature, out of reach of small children.

**Net weight:** 10.11 g (30 capsules of 337 mg).

The package contains 2 blisters of 15 capsules.

**Manufacturer:**

ALG Pharma Sp. z o.o.

ul. Kasprzaka 31

01-234 Warsaw

[www.algpharma.pl](http://www.algpharma.pl)