## Asparaginian - 60 tabl.

diet supplement 60 tablets

Magnesium helps reduce the feeling of fatigue and weariness. It helps in the proper functioning of muscles. Potassium helps maintain normal blood pressure, proper functioning of muscles and the nervous system.

**Ingredients:** potassium (potassium chloride); magnesium (magnesium carbonate); fillers: cellulose, L-aspartic acid; anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

The recommended daily intake contains:

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Ingredients:	1 tablet	NRV%	2 tablets	NRV%
Magnesium carbonate	236 mg	15%	472 mg	30%
including magnesium	56,6 mg		113,2 mg	
Potassium chloride	288 mg	7,50%	576 mg	15%
including potassium	150 mg		300 mg	
L-aspartic acid	40 mg	-	80 mg	-

<sup>\*</sup>NRV = Nutrient Reference Value

**Intended use:** the preparation is intended for adults.

**Recommended intake:** the recommended daily dose necessary to obtain a beneficial effect of the product is 2 tablets a day.

**Warnings:** Do not exceed the recommended daily dose. Do not use in case of hypersensitivity to any of the ingredients.

A dietary supplement cannot be used as a substitute for a varied diet. A balanced diet and a healthy lifestyle are recommended.

**Storage:** Store in a dry place, at room temperature, out of the reach of small children. The package contains 60 tablets.

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